



## Mother's Day Specials

Treat the special lady in your life to some pampering!

***Save now on special Mother's Day packages!***

### **NURTURING RENEWAL PACKAGE**

**2 hours**

**\$190**

She's cared for you, now you can take care of her from head to toe.

- \*Renewal facial to uncover brighter, smoother, glowing skin
- \*Revital-eyes and lips treatment - peptide serum to relive darkness, dehydration and fine lines.
- \*European massage to relax and soothe face, neck, shoulders and décolleté.
- \*Exfoliating décolleté enzyme mask combats signs of aging and sun exposure.
- \*Hands, arms and feet massaged with Champagne and Roses hydrating cream and enveloped with moisturizing paraffin.

With this luxurious treatment, she'll go home beautifully invigorated, ready for a romantic evening or a day full of fun.

### **PAMPERING PLUS FACIAL INDULGENCE!!!**

**90 minutes**

**\$149**

Facial indulgence to show how much you care.

Combine any of our 50 minute facials with our Pampering Plus Indulgence

- \*A Champagne and Roses massage will hydrate her hands and feet, before they are tucked into warm, soft mitts and booties.
- \*Head, neck and scalp tension disappear with our exclusive Tension Tamer Scalp massage with our very own tension Relief Balm.
- \*She can take the glow home with an application of tinted, shimmering moisturizer and a make-up touch up.

Her skin will look radiant and she will be glowing from the inside out.

NEWSWORTHY UPDATE

## INTERNATIONAL CONGRESS OF ESTHETICS

April and Alicia made a trip to Dallas for the International Congress of Esthetics this month. They discovered new techniques and products to help you look and feel your best. Pearls of wisdom included treatments for acne-prone skin, updated hair removal techniques and how to combine chemical peels with microdermabrasion for improved results when treating brown spots, wrinkles and acne.

**HIGHLIGHT OF THE CONFERENCE!** CHRISTIAN NALLY, nationally known makeup artist for "The Stars", showed how to transform a "Pretty Woman" into "Drop Dead Gorgeous". Christian does makeup for the Oscars, Beyonce Knowles, and countless other models and fashion magazines. Now you, too, can learn all the tricks for creating "smoky eyes" and other new trends for the summer. Be sure to request a makeup makeover or makeup lesson when you schedule your next appointment.

## SUN SAFETY TIPS FOR SUMMER SKIN

We work together all year to keep your skin healthy and beautiful. Here are some ways to keep your skin glowing throughout summer:

### SUMMER PRODUCTS - AVAILABLE AT SEASONS

- Try some **OC8** - one of our favorite products to fight the oil that appears with summer skin.
- A touch of **Glow**, our exclusive mineral bronzer, down the center of your face and on your cheek bones gives the look of a summer tan without the damage.
- **Active Daily Hydrator**, (for oily skin) and **SPF 30+ Sheer Moisturizer**, (normal and dry skin) combine broad spectrum SPF protection with healthy moisturizing without clogging your pores or leaving a greasy appearance.
- Choco-lips** lip protection balm. Five delicious flavors that feel fantastic and offer an SPF 15.

### SEASONS SPA TREATMENTS

- Continue proper skin care even through warm months. Your aesthetician will make certain your treatments and home care routines are adapted for the challenges of humidity, sun and environmental damage.
- Regular sessions with your aesthetician are vital to your skin's health. Don't let your skin care problems get out of control.
- Popular summer treatments include: The **Ultra Tone Facial** exfoliates and infuses your skin with antioxidants, the **Vitamin C Vitality Facial** counters damage from free radicals, harmful sun rays, and pollutants, and the **Deep Pore Facial** aids in keeping skin clear from breakouts. Your aesthetician can customize a treatment just for you.
- Back and chest facials and microdermabrasion keep your skin clear, hydrated and protected as you bring out your sundresses and tank tops!

### SUN PROTECTION

- Begin each day with a broad spectrum SPF 15 or higher moisturizer. When planning to spend 30 minutes or more in the sun, use a broad spectrum sunscreen that is water resistant and has an SPF of 30 or higher. Apply liberally at least 20 minutes before sun exposure and apply to dry skin every two hours while you are in the sun. And don't forget SPF lip balm.
- Physical protection like broad-brimmed hats, and large sunglasses, are chic and keep your delicate face, ears and neck out of the sun's harmful rays. Choose clothing with SPF for additional protection when planning a day on the water or at the ball field.
- The time of day you play outdoors is important too. Stay in the shade when the sun's rays are most direct, from 10 a.m. to 4 p.m., to lessen your U.V. exposure.

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