



Last chance to enjoy a *tropical getaway*
with **Seasons Medical Spa.**

End your summer with a relaxing spa treatment at Seasons. The best way to cool down on a hot August day is to step into Seasons for our **Calming Cucumber Facial and Body Massage**; great for dehydrated-sunburned skin. Our August island getaway includes ...

Calming Cucumber Facial

80 Minutes \$95

- *Gentle Sensicalm Cleanse
- *Exfoliating Cranberry Enzyme Mask
- *Refreshing Botanical Toner
- *Relaxing European Facial Massage
- *Cool cucumbers over the eyes during your Sensicalm Tea Gel Mask
- *Botanical Contour Eye Gel with calming cucumber extract
- *Cool Globe Massage
- *Botanical Hydrating Mist
- *Soothing Upper Body Massage

ROSACEA

Summer months can bring a flare of rosacea. Busy social schedules, time in the sun and interrupted skin care routines make flare-ups difficult to manage on your own.

With some TLC from the professionals at Seasons Medical Spa, your skin can return to a cool comfortable state. AAAHHHH!

Try our Calming Cucumber Facial this month, it's all about bringing your skin back to comfort, back to looking great and back home.

Tips to calming Rosacea

- Avoid sun exposure and use a sunscreen with an SPF of 30 or higher everyday.
- Minimize spicy foods and alcohol.
- Discuss the proper exfoliant for your skin type with a professional.



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