

SEASONS GREETINGS FROM SEASONS MEDICAL SPA

Just a reminder
During this time of hustle and bustle
Stop and take time for yourself.

Welcome to Seasons Medical Spa's first e-letter, filled with hints to help you keep the "joy" in "joyous" this Christmas Season.

GIFT GIVING – At Seasons, we have something to please the most discriminating person on your holiday gift list. Call ahead (417.882.1133) and we'll have your customized gift basket or gift certificate wrapped and ready for giving. Gifts are available in all price ranges. We can even arrange for mailing or delivery, so you don't even have to leave home.

GIFT BASKET FAVORITES INCLUDE:

- LUXURIOUS MANDARIN-VANILLA OR EUCALYPTUS-MINT body wash and body lotion, bath bon-bons and bath teas
- TRAVEL CANDLES and beautiful glass candles, including our special "Seasons Greetings" fragrance for Christmas.
- NOURISHING HAND CREAM - the answer for dry, chapped hands.
- TENSION RELIEF BALM - to loosen sore muscles and help you relax and sleep at night
- SEASONS "INDULGENCE" CD – helps you can de-stress while you soak in the tub or sip cocoa by the Christmas Tree
- CHOCOLATES - from Richardsons Candy House
- GIFT CERTIFICATES - Wrapped and ready for giving or mailing . . . a wonderful treat.

"SUGAR BABY SPA DELIGHT"\$149

Enjoy 2 ½ hours of luxury, including a complete European-style facial, a one hour aromatherapy massage, and Seasons' exclusive Sugar Scrub for your tired hands and feet. Also included is a complete skincare analysis and a "makeover" with Seasons Marvelous Mineral Makeup. Watch out world, this Sugar Baby will be ready to party tonight!

"SUGAR AND SPICE SPA SPECIAL\$97

Wonderful 1 ½ hour treat. Includes customized European-style facial, shoulder, neck and hand massage, sugar scrub for your feet, aromatherapy candle, skincare analysis, and Seasons Marvelous Mineral Makeup Consultation.

TARGET MASSAGE.....\$40

Relaxing massage ½ hour massage for the areas that bother you the most.

PERSONAL DE-STRESSING, ANTI-AGING TREATMENTS & HAIR REMOVAL

There's still time to look your best for the holidays. Treat yourself to your favorite facial, massage, Botox®, Restylane®, or laser hair removal. Look and feel your best!

ENTERTAINMENT

Out-of-town guests, family, or just spending special time with a friend...you'll all enjoy coming to Seasons together.

MAKEUP AND APPEARANCE

Our marvelous mineral makeup looks great and actually benefits your skin. Enjoy a personal makeup "makeover" or one of our free make up party with your friends. Makeup touchups can be included for free with any treatment.

EXTENDED HOURS

Seasons is open evenings and Saturdays, Christmas Eve and New Years Eve and January 2, for your convenience and enjoyment.

INTERNET ONLY COUPONS

Visit our website, www.SeasonsMedicalSpa.com, to download our Internet-only coupon. Keep watching for our new web design in early 2006.

EXCLUSIVELY SEASONS

Seasons is Springfield's only Medical Spa under the onsite direction of a Board Certified Dermatologist, N. Eugene Morrow, M.D. You can trust Dr. Morrow to provide the highest quality of services and products. For relaxation, anti-aging, anti-acne, and permanent laser hair reduction, call Seasons Medical Spa.

**We appreciate the trust you have placed in us.
We wish you a very Merry Christmas and a
Wonderful New Year!**

Dr. Gene and Cindy Morrow & Staff

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Seasons e-letters will be sent seasonally, not to exceed 12 times per year. If you would like to remove your name from our e-mail list, please e-mail seasonsmedispa@sbcglobal.net . Put "unsubscribe" in the subject line. Be sure to include the e-mail address that you would like for us to unsubscribe.

We value your input and hope to meet your needs. Please let us know how we are doing. E-mail us at seasonsmedispa@sbcglobal.net.